



Trainingsplan 2014_2015

FV Rot- Weiß Ebingen

| Wochentag | von | bis | Waldheim I | | Waldheim II | | TSV Platz | | |
|------------|-------|-------|------------|------|-------------|---------|-----------|---|---|
| Montag | 17.00 | 17.30 | | | | | | | |
| | 17.30 | 18.00 | | | | | | | |
| | 18.00 | 18.30 | D I | D II | | | A | B | C |
| | 18.30 | 19.00 | D I | D II | | | A | B | C |
| | 19.00 | 19.30 | D I | D II | | | A | B | C |
| | 19.30 | 20.00 | | | | | | | |
| | 20.00 | 20.30 | | | | | | | |
| Dienstag | 17.00 | 17.30 | F | | | | | | |
| | 17.30 | 18.00 | F | | | | E | | |
| | 18.00 | 18.30 | F | | | | E | | |
| | 18.30 | 19.00 | | | | | E | | |
| | 19.00 | 19.30 | Herren | | | | | | |
| | 19.30 | 20.00 | Herren | | | | | | |
| | 20.00 | 20.30 | Herren | | | | | | |
| Mittwoch | 17.00 | 17.30 | | | | | | | |
| | 17.30 | 18.00 | B- Mäd. | | D I | D II | | | |
| | 18.00 | 18.30 | B- Mäd. | | D I | D II | A | B | C |
| | 18.30 | 19.00 | B- Mäd. | | D I | D II | A | B | C |
| | 19.00 | 19.30 | Frauen | | | | A | B | C |
| | 19.30 | 20.00 | Frauen | | | | | | |
| | 20.00 | 20.30 | Frauen | | | | | | |
| Donnerstag | 17.00 | 17.30 | | | F | | | | |
| | 17.30 | 18.00 | | | F | | | E | |
| | 18.00 | 18.30 | | | F | | | E | |
| | 18.30 | 19.00 | | | | | | E | |
| | 19.00 | 19.30 | | | | | | | |
| | 19.30 | 20.00 | | | | | | | |
| | 20.00 | 20.30 | | | | | | | |
| Freitag | 17.00 | 17.30 | Spiel E | | Bambini | | | | |
| | 17.30 | 18.00 | Spiel E | | Bambini | B- Mäd. | | | |
| | 18.00 | 18.30 | Spiel E | | Bambini | B- Mäd. | | | |
| | 18.30 | 19.00 | Spiel E | | | B- Mäd. | | | |
| | 19.00 | 19.30 | Herren | | Frauen | | | | |
| | 19.30 | 20.00 | Herren | | Frauen | | | | |
| | 20.00 | 20.30 | Herren | | Frauen | | | | |

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